Experiment Diagnosis

Ritualizing Success

★ What was GREAT about the experiment I just went on?

★ What was CHALLENGING about the experiment I just went on?

Ritualizing Success

★ What do I want to re-create/bring forward with me into the next experiment?

★ What's next? What do I want to add, try on, or continue to ritualize?

Ritualizing Success

★ Where do I need support, help, feedback, or guidance?

Forever Self Integration

Reconnect with Your Forever Self Exploration from Week 1 and Identify how it is connected to (and integrated into) everything moving forward.